




FREE INDEPENDENT ENERGY ADVICE SERVICE

Green Doctors help London residents **stay warm, stay well, and save money** on household bills.

For more information or to arrange a free advice session*

-  0300 365 3005 (Freephone)
-  greendoctorsldn@groundwork.org.uk
-  www.london.greendoctors.org.uk



*Subject to eligibility

GREEN DOCTORS CAN HELP YOU TAKE CONTROL OF YOUR ENERGY BILLS

+ Solutions to reduce your energy bills

- ✓ Using your heating system and controls efficiently
- ✓ Retrofit grants for energy efficiency improvements
- ✓ Reducing energy usage and waste

+ Help with energy bills

- Energy debt support
- Water bill discounts
- Money & budgeting advice
- Priority Services Register applications
- Advice on Warm Homes Discount & Winter Fuel Payment

+ We can install

- Draught proofing
- Energy saving light bulbs
- Energy saving radiator panels

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Top Tips



Dry clothes slowly on an airer in a well ventilated space, or outdoors, to save on dryer costs and reduce damp and mould



Turn off light when you aren't using them



Use a washing-up bowl instead of running the hot tap - washing up twice a day this way can cut your gas and water bills



Swap bulbs for energy-saving LEDs when you can